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Purge the urge to pig out, waste money, gossip like a fiend

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a tush like
Goldie Hawn

EXCLUSIVE

**MEL
GIBSON**

What makes his
marriage so strong
(baby #7 due),
plus his tips
for husbands
on how to keep
romance alive.

Clip & post prominently!

February 1999 \$1.99



**No more rudeness!
6 ways to raise polite kids**

the passion

BY LIANE KUPFERBERG CARTER



The Real Rules: How to Find the Right Man for the Real You (Dell)



Barbara De Angelis, Ph.D.

his/her big idea

Scheming and manipulation don't work. (We wouldn't know.)



relationship track record

Married to her fifth husband, Dr. Jeffrey James (and was once married to John Gray).



Ten Stupid Things Women Do to Mess Up Their Lives (Harper-Collins)



Dr. Laura Schlessinger

Men don't make you miserable; you do. So stop whining. "Would the kind of man you really want want a gal who behaves like you?" she writes. "No."

Married twice, divorced once. One son, whom she calls the best work of her life. Hasn't spoken to her mother in more than ten years.



How to Stay Lovers for Life (Plume)



Sharyn Wolf, C.S.W.

Treat your partner at least as well as you would treat a houseguest.



Has been with jazz-musician hubby "Boots" for 15 years; two prior marriages. Claims, "There are no mistakes in my book I haven't made myself." Spent high school in detention for flirting and talking, which is how she now makes her living.



Mars and Venus Together Forever (Harper-Collins)



John Gray, Ph.D.

Men and women should just accept each other's differences. For example, "Men can give more only in small degrees," Gray writes, while "giving is an innate expression of the loving female nature."

Married twice (his first wife was Barbara De Angelis; see above). One child with his second wife, Bonnie; two from her previous marriage.



Unleashing the Sex Goddess in Every Woman (Harmony)



Olivia St. Claire

Your body is your temple. Here's a hymnal.

She isn't telling.



The Seven Dumbest Relationship Mistakes Smart People Make (Villard)



Carolyn Bushong, L.P.C.

There are few truly bad people, just ones following bad scripts.

Married and divorced once. Eleven years and counting with Alan, her significant other.



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docs

Who are the experts giving America relationship advice? And do they really listen to themselves? McCALL'S digs up the dirt.



background and business empire

Best-selling author of seven books, TV personality and motivational speaker. Master's degree in psychology; Ph.D., Columbia Pacific University, a not-yet-accredited correspondence school; produced the infomercial "Making Love Work."

A drill sergeant of the radio. Ph.D. in physiology; certification in marriage and family therapy. Best-selling author of four books. Savvy merchandiser of the Dr. Laura Collection of tapes, videos, books, mugs and T-shirts.

Holds a graduate degree in social work. Trained at the Ackerman Institute for the Family in New York City. Counselor, workshop leader and frequent talk-show guest (nine times on *Oprah*). Author of the enormously popular *Guerrilla Dating Tactics* (Plume).

A monk for nine years. Ph.D. from Columbia Pacific University in San Francisco (the alma mater of Barbara De Angelis). One-man franchise with Mars-Venus workshops, counseling centers, videotapes, books, CD-ROMs and a Mattel board game.

The pseudonymous author will say only that she is "a former communications-industry professional who now writes full-time." Also penned *203 Ways to Drive a Man Wild in Bed* (Harmony).

Master's degree in educational counseling; former school counselor; 25 years as a licensed relationship counselor. Hosted Denver's popular talk-radio show *Passion Phones*; guest on TV talk shows; author of *Loving Him Without Losing You* (Crossroad).

he/she actually wrote this

"Don't you hate it when certain men judge you on the size of your breasts? Then don't judge them on the size of their paycheck."

"If you kiss a toad, you don't get a prince—you get slime in your mouth and bad memories."

"Things just aren't the same when you...walk in on him wearing his plaid Bermuda shorts from college, all stretched out at the waist, as he hawks plegm into the toilet."

"What makes my relationship with my wife so uplifting is that she never expects me to do anything in the home."

"Your body is the divine instrument of pleasures fit for the gods. And before you can use it to make beautiful music with your partner, you have to become a virtuoso on your own Stradivarius."

"Are you really less of a wife or mother because your kids consider pizza one of the basic food groups?"

did you know?

One of her ex-husbands, magician Doug Henning, used to cut her in half onstage.



Holds a black belt in karate; maybe that's why she's so good at chopping through callers' lame excuses.

A professional singer for 17 years and probably the only marriage counselor who has sung "As Time Goes By" at more than 1,500 weddings. Says she could tell which couples were going to make it and which weren't.

Used to be the personal assistant to the Maharishi Mahesh Yogi, the Deepak Chopra of yesteryear (and onetime guru to the Beatles).

Former self-help editor at Simon & Schuster.

Used to be a nude model for art classes.

give him/her a hand

Distills a healthy dose of common sense from her own marital experience and shares it as generously as a good friend would.

Wields a moral compass and doesn't pull punches.

Believes a therapist who treats a couple for lack of sexual desire and fails to take a housework history along with the sexual one isn't doing her job.

Offers suggestions on how to break out of relationship gridlock by learning to listen to what a spouse is really saying.

The ultimate in how-to manuals. Hot, hot, hot. Comes in an unmarked red cover in case you want to read it in public.

Great guide to recognizing the land mines of love—before you detonate your relationship.

